



November 2017 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Oct 30 Mac & cheese with diced ham peas fresh fruit</p> <p>turkey and cheese sandwich</p>	<p>Oct 31 Pork carnitas whole grain roll carrots fruit pumpkin muffin squares</p> <p>ham & cheese sandwich</p>	<p>1 Chicken tenders colorful quinoa salad broccoli fruit</p> <p>veggie sandwich</p>	<p>2 Beefy Nachos dark green salad fresh fruit Pinto beans roast beef & cheese sandwich</p>	<p>3 Grilled Cheese tomato soup snap peas fresh fruit</p> <p>turkey & cheese sandwich</p> <p><i>NO SCHOOL GUNNISON ELEMENTARY, AND LAKE SCHOOL- PARENT TEACHER CONFERENCES/PD DAY</i></p>
<p>6 Grilled chicken sandwich Baked Sweet potato fries Apple</p> <p>turkey and cheese sandwich</p>	<p>7 Chicken Enchilada Pinto Shredded Lettuce carrot sticks fresh fruit</p> <p>ham & cheese sandwich</p>	<p>8 Burger Whole grain roll peas and corn fruit Grapes</p> <p>veggie sandwich</p> <p><i>CRESTED BUTTE: PARENT-TEACHER CONFERENCES- SECONDARY STUDENTS EARLY DISMISSAL</i></p>	<p>9 Pizza dark greens fresh fruit</p> <p>roast beef & cheese sandwich</p> <p><i>CRESTED BUTTE: PARENT-TEACHER CONFERENCES- SECONDARY STUDENTS EARLY DISMISSAL</i></p>	<p>10 Chili brown rice corn bread fresh fruit green beans</p> <p><i>NO SCHOOL CRESTED BUTTE SCHOOL ELEMENTARY: PARENT-TEACHER CONFERENCES/PD DAY</i></p> <p>turkey & cheese sandwich</p>
<p>13 Chicken and veggie stir-fry brown rice edamame fresh fruit</p> <p>Turkey and Cheese Sandwich</p>	<p>14 Spaghetti and meat sauce cauliflower fruit</p> <p>Ham & cheese sandwich</p>	<p>15 Chicken tenders quinoa & chickpea salad w/ raisins carrot sticks fruit</p> <p>Roast beef & cheese sandwich</p>	<p>16 <i>THANKSGIVING MEAL</i> Roasted Turkey Gravy Mashed potatoes green beans whole grain roll Pumpkin pie bar Apples</p> <p>veggie sandwich</p>	<p>17 Corn dog baked beans dark green salad & cherry tomatoes fresh fruit</p> <p>Turkey & cheese sandwich</p>
<p>20 <i>NO SCHOOL THANKSGIVING BREAK ALL SCHOOLS</i></p>	<p>21 <i>NO SCHOOL THANKSGIVING BREAK ALL SCHOOLS</i></p>	<p>22 <i>NO SCHOOL THANKSGIVING BREAK ALL SCHOOLS</i></p>	<p>23 <i>NO SCHOOL THANKSGIVING BREAK ALL SCHOOLS</i></p>	<p>24 <i>NO SCHOOL THANKSGIVING BREAK ALL SCHOOLS</i></p>
<p>27 Meatball Sub Dark green side salad Apple</p> <p>Turkey and Cheese Sandwich</p>	<p>28 Turkey Tacos Pinto Beans shredded lettuce tomato fresh fruit</p> <p>Roast Beef and Cheddar Sandwich</p>	<p>29 Beef Stroganoff snap peas fresh fruit</p> <p>veggie wrap</p>	<p>30 Pizza carrot sticks fruit</p> <p>Roast beef and cheese sandwich</p>	<div data-bbox="1421 2511 1733 2937" style="border: 1px solid black; padding: 5px;"> <p>What Makes a Lunch?</p> <p>Select 3-5 Components</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; background-color: #ADD8E6;">MILK</div> <div style="border: 1px solid black; padding: 2px; background-color: #FFD700;">GRAIN</div> <div style="border: 1px solid black; padding: 2px; background-color: #90EE90;">VEGGIE</div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 5px;"> <div style="border: 1px solid black; padding: 2px; background-color: #FF0000;">FRUIT</div> <div style="border: 1px solid black; padding: 2px; background-color: #483D8B;">PROTEIN</div> </div> <p style="text-align: center; margin-top: 5px;">One must be a</p> <div style="display: flex; justify-content: center; align-items: center; margin-top: 5px;"> <div style="border: 1px solid black; padding: 2px; background-color: #FF0000; margin-right: 5px;">FRUIT</div> OR <div style="border: 1px solid black; padding: 2px; background-color: #90EE90; margin-left: 5px;">VEGGIE</div> </div> </div>

