



August - September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Aug 28 chicken tenders barbQ sauce whole grain roll <u>GHS: pizza</u> cherry tomatoes Colorado peaches</p> <p>Deli sandwich: turkey and cheese</p>	<p>Aug 29 Pasta & meat sauce salad with spinach fresh fruit</p> <p>Deli sandwich: ham & cheese</p>	<p>Aug 30 Enchilada black beans brown rice fresh fruit</p> <p>Veggie sandwich</p>	<p>Aug 31 Pizza broccoli <u>GHS: chicken tenders</u> fresh fruit</p> <p>Deli sandwich: roast beef and cheese</p>	<p>Sept 1 Hot sandwich: turkey, cheddar & green chili and sandwich apple crisp</p> <p>Deli sandwich: turkey and cheese</p>
<p>Sept 4 <u>Labor Day: no school</u></p>	<p>Sept 5 Tacos ground beef shredded lettuce diced tomato brown rice</p> <p>Deli sandwich: ham & cheese fresh fruit</p>	<p>Sept 6 Grilled chicken sandwich black bean/corn salad apple</p> <p>Deli sandwich: veggie sandwich</p>	<p>Sept 7 Beefy nachos carrot sticks colorado peach cobbler</p> <p>Deli sandwich: roast beef and cheese</p>	<p>Sept 8 Grilled cheese sandwich Tomato Soup fresh fruit</p> <p>Deli sandwich: turkey and cheese</p>
<p>Sept 11 Chicken tenders barbQ sauce broccoli Apple</p> <p>Deli sandwich: turkey and cheese</p>	<p>Sept 12 Pasta tossed with cherry tomatoes and basil cheese fresh fruit</p> <p>Deli sandwich: ham & cheese</p>	<p>Sept 13 Pulled pork Sand colorful quinoa side salad (corn/ black bean/bell pepper)</p> <p><u>Colorado peach cobbler</u> Veggie sandwich</p>	<p>Sept 14 pizza whole grain roll broccoli fresh fruit</p> <p>Deli sandwich: roast beef and cheese</p>	<p>Sept 15 chili brown rice corn bread</p> <p>Deli sandwich: Turkey and Cheese Sandwich</p>
<p>Sept 18 Meatball sub Salad with dark greens fresh fruit</p> <p>Deli sandwich: turkey and cheese</p>	<p>Sept 19 soft taco Whole grain rice Shredded Lettuce Tomato fresh fruit</p> <p>Deli sandwich: ham & cheese</p>	<p>Sept 20 stir fry chicken or tofu with red bell peppers pineapple</p> <p>Deli Sandwich: Veggie sandwich</p>	<p>Sept 21 lasagna broccoli seasonal fruit</p> <p>Deli sandwich: Roast beef and Cheese</p>	<p>Sept 22 Grilled cheese sandwich Tomato Soup fresh fruit</p> <p>Deli Sandwich: Turkey and Cheese</p>
<p>Sept 25 Professional development day- no students</p>	<p>Sept 26 Pasta & meat sauce salad with spinach fresh fruit</p> <p>Deli sandwich: ham & cheese</p>	<p>Sept 27 Enchilada black beans brown rice fresh fruit</p> <p>Veggie sandwich</p>	<p>Sept 28 Pizza broccoli fresh fruit</p> <p>Deli sandwich: roast beef and cheese</p>	<p>Sept 29 Hot sandwich: turkey, cheddar & green chili and sandwich <u>apple crisp</u></p> <p>Deli sandwich: turkey and cheese</p>

